

Registration Basics

- **JDC/ZCS Referred:** with the assistance of a probation or staff member, complete the registration form (available at www.foreverdads.com) then fax to ForeverDads (877) 653-8184
- **AllWell Behavioral Health Services** with the assistance of a case manager, complete the registration form (available at www.foreverdads.com) then fax to ForeverDads (877) 653-8184



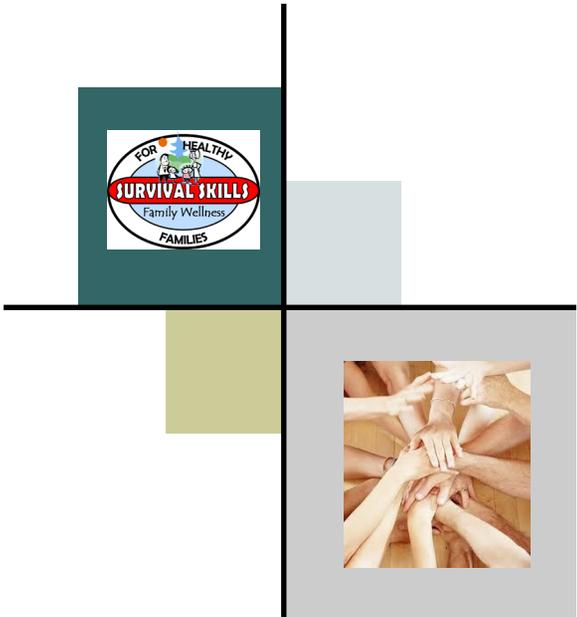
What some parents said:

"We learned to spend more family time with each other" - Shad

"informative" - Robert

"These classes changed our family completely - the difference is like night and day."

-Shannon



Fee & Schedule Basics

- **DAY:** Thursday
 - **DATES:** continuous cycle
 - **TIME:** 5:30pm - 7:30pm*
 - **WHERE:** ForeverDads
- the Center for Fathers & Families
109 Madison Street, Zanesville
- *subject to change based on class need



ForeverDads

ForeverDads - The Center for Fathers & Families
109 Madison Street
Zanesville, OH 43701
Phone: 740.453-1323
Fax: 877.653.8184
E-mail: info@foreverdads.com

Survival Skills for Healthy Families

A Family Wellness Series

Survival Skills for Healthy Families

The Survival Skills for Healthy Families

series is a course that teaches families simple rules to live by. The topics include:

- **Parents in Healthy Families.**
The job of parents.
- **Children in Healthy Families.**
The job of kids.
- **Adult Relationships.**
The importance of adults working together in families.
- **As Children Grow — Change in Healthy Families.**
Dealing with family change.
- **Solving Family Problems.**
- **Sex, Drugs, and You.**
Passing on Your Values to Your Children.



Family Wellness

COURSE BASICS

Each course session brings together the family, no matter the make up - families are those who support your best outcome, and exchanges their experiences. The family interactions are first demonstrated, then you get a chance to put it into practice. Survival Skills for Healthy Families is a fun and interactive program which parents and children learn new ways of living and working together.



Each of the sessions is organized around practical guidelines for healthy family interactions—building on the positive, healthy habits that exist with a family. Don't worry, the concerns of single parenting and step families will be included.

Each class has a wealth of tips and techniques a family can use. To find out—just be there.



Every house looks different, but you make the home.

Traditional as well as blended families learn together and practice the patterns and skills common to individuals in healthy families. Families and individuals are able to identify their strengths and build on them with support from the instructors and other families.

The course presentation is highly interactive, simple, practical, usable, fun, and culturally relevant. This is a family friendly education program that teaches skills, builds on strengths, and anyone can take home new skills today.

*Information regarding Domestic Violence provided.



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